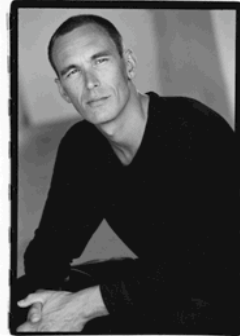


GroovyKids Yoga Teacher Training

Learn to teach yoga to Kids with...

**GREVILLE
HENWOOD**



March 25, 26 & 27 and April 2 & 3, 2011

The **Green Yogi** proudly presents for the first time in the South Bay, the **GroovyKids Teacher Training** - a precise, concise and practical tour of the art, philosophy, and science of teaching kids yoga.

In this FUN and LIVELY workshop-style weekend, we will learn proven methods for teaching Yoga to kids.

Friday night will be a discussion of the various approaches to teaching to kids.

The **weekend sessions** will detail some sequencing ideas including a standard sequence that can be modified slightly to provide almost endless variations for a class.

We will study and discuss the thought behind these methods and learn ways to relate to the kids in a manner that empowers and inspires.

We will explore stories, music, chants, games, and you will come away with a broad range of tools and ideas designed to open kids to the joy of Yoga.

This workshop is open to yoga teachers and practitioners, physical educators, parents and everyone who loves kids.

Schedule: Friday March 25 – 7:30pm – 9:30pm

Saturdays 12:00-3:00pm and Sundays 11:00am-4:00pm

Price: Early bird \$325 (before Feb 27th) or \$350 after

Registration: (310) 266-3040 or sign up at www.grevillehenwood.com/retreats



**Teach at a local school?
Take the course for a 10% discount!**